



EarthWays



Spring Nature Retreat 15-20 April 2018 Cathar Country, France

There is a Voice that doesn't use words. Listen.

Rumi

Nature is our biggest teacher, a mirror and unlimited source of energy and inspiration. As Humans we are naturally connected to the energies and intelligence of the Earth, to the seasons, the renewal of life in nature.

This EarthWays Spring Nature Retreat on the beautiful "Domaine de Marseille" in the Cathar country in France on a mountain called Col du Paradis, is an invitation and opportunity for **resourcing, planting your seeds of new visions and projects and growth in leadership, wisdom and compassion.**

For everybody who wants to

Revitalize, resource, unplug, res(e)t, de-stress, receive new energy for new beginnings

Connect with your authentic self, feel at home again in nature, connect with your intuition and your inner power and resources

Listen to silence, to your body, to nature, to each other, find answers on important questions in what the universe is whispering in your ears, open up for what is emerging

Grow, renew, transform, learn, get clarity on your personal quest, your purpose and direction

Enjoy the magic of "being", the beauty of the mountain and the awakening of life in springtime

Integrate your insights and experiences into everyday life, impact your life, work and community with new wisdom and compassion



Participants are invited to go "offline" for the time of the retreat. 1 month before the retreat, an invitation will be sent to start preparing for it physically and mentally. The retreat will be in English, Dutch, French depending on the language spoken by participants. Individual mentoring before or after the retreat can be offered on request by Chris Hoérée.

Practical

Sunday 15 April 2018 (16.00) till Friday 20 April 2018 (10.00)

- **Great organic vegetarian meals** (if you have any special dietary requirements, please let us know)
- The facilities includes meditation room, work room for the group, bathrooms with showers, swimming pool, terraces, **134 acres of surrounding nature** (secluded, no any road or other houses nearby)
- 2, 3 or 4-person bedrooms (depending on the number of participants, and at a small additional fee a 1-p bedroom or a separate small gîte can be requested)
- Accommodation for 5 nights, includes sheets, bedding and towels
- Daily Ryanair flights from Brussels Charleroi to Carcassonne

Total cost

(incl. meals, accommodation, coaches, excl. flight, transport)

If paying as:

- PRIVATE € 800,- (excl. VAT)
- SELF-EMPLOYED € 960,- (excl. VAT)
- CORPORATE € 1.450,- (excl. VAT)

Prices are excl. of VAT, 21%VAT

10% reduction (on price excl. VAT/not cumulative) if you

- register before 15 January
- register per 2
- already came on an EarthWays Nature or Leadership retreat

We need 8 participants to have registered by 15 January for the retreat to go ahead. Please wait to book flights until we have confirmed this.

To register or for more info, please contact **Chris Hoérée**:
+32.(0)486.107.708 or chrishoeree@earthways.eu



Retreat centre "**Domaine de Marseille**", Albières, 50km south of Carcassonne - Cathar country (pickup from Carcassonne airport or station can be organized depending on travel schedules of participants)

<http://ledomainedemarseille-eng.weebly.com/>



Approach & Coaches



A deep intuitive & experiential transformation process, both individually and in group, using:

Mindfulness, connection with nature, experiencing the 4 directions, silence, transformative fire rituals, sunrise ceremonies, visualizations, trance journeying, circle talks, story telling of your personal myth, systemic constellations, deep listening & dialogue, journaling, walks & meditation in nature, optional overnight stay outside in nature (if temperatures allow).

Chris Hoérée & Ross Olson will facilitate the Nature Retreat. Chris is a psychologist, facilitator, systemic & leadership coach and founder of **EarthWays**. She facilitates (Teal) transformations & creative processes in organizations, gives talks & workshops about e-Co Leadership, helps individuals and teams to be more connected to themselves, each other and the Earth. Ross is fire keeper, trained and inspired by Native American and other indigenous peoples. Ross is strongly connected with nature and integrates Earth wisdom in his daily life and his work as a sculptor.

If you are interested in this Retreat but not available, let us know so we can invite you for the next Nature retreat 2 - 7 September. - This retreat is an open program but can also be designed as an in-company program and/or in combination with workshops around organizational or team goals.